

Sydens Feriehuse/Catalonia Holiday Lettings is specialized in Catalonia. We want to pass as much of our knowledge of the province on to you, to make your holidays even better.

With point of departure in the region you will stay in, we have listed some things to do. Some are just recommendations; others can be booked via us or our partners. To get even more inspired, we also recommend to visit the local visitor centre in Montsonís and we have also maps to the nearest tourist offices in La Seu de Urgell and Solsona.

ACTIVITIES – URGELL & LLEIDA (There area where you will be staying)

Visit the local markets!



MARKET DAY!



MARKET DAY – buy the best local product along with the Catalans

In Catalonia, the markets big and small is the place where you buy your fresh food (fruit, vegetables, meat, cheese) and also where you get a chat with your neighbours and friends. Always a lively experience.

The market always takes place in the mornings until 13:00. It can be a nice day to go, if you want to see a town anyway.

Town	Weekly market day	Town	Weekly market day
Agramunt	Wednesdays	La Seu d'Urgell	Tuesdays & Saturdays
Artesa de Segre	Sundays	Oliana	Saturdays
Balaguer	Saturdays	Ponts	Wednesdays
Cervera	Fridays	Solsona	Tuesdays and Fridays
Guissona	Thursdays	Sort	Tuesdays
La Pobla de Segur	Wednesdays	Tàrraga	Mondays

Do you like chocolate?

The town of Agramunt is nothing special, but it is known for its turrón, Catalan chocolate and nougat. If you pass the town, right on the highway, you will see the impressive factory store.

Austrian “Alp-atmosphere”



Perhaps it is just us, but we almost feel that we are in Austria, if you take the beautiful C-14 following the Segre river up in the Pyrenees. And the lively town **La Seu d' Urgell** is the perfect place to enjoy your lunch, if you decide make a drive in the mountains.

La Seu was one of the of host cities during the Olympics in 1992, and you can still see AND TRY the impressive installations for Kayak slalom and also a part has made into “light-rafting” for children.

LAPICA EXPERIENCE

Rafting for children



Barranq - Canyoning



Kayaks



Guided Mountain biking



Trekking



If you want a great outdoor experience, we collaborate with Jordi and his team from Lapica Experience. Based in Ponts, they offer a great variety of outdoor activities. They are suitable for children as well.

Rafting for children:

Lapica trips offer rafting trips designed so children can also participate. Request the activity document: info@sydensferiehuse.dk

Barranq – Canyoning:

This is a fantastic experience. You will walk to cross a small mountain, and you will return walking in swimsuits in the small river, through a cave and down a small waterfall. At the end, the jumping rock is a hit for the children and other childish persons.

It is suitable for children from about 10-12 years. It is a physical activity, where the first little part (30-40 minutes) is a bit hard. Our group was not very fit and managed without problems. We had an excellent experience. Highly recommendable.

Kayaking:

Have some nice hours kayaking up and down the Segre river. The activity is very suitable for children.

Guided mountain biking:

Enjoy a beautiful ride through the beautiful nature of Urgell. The trips might be adapted for children or planned with lunch or visit to vine-producers.

Guided Trekking / Walking:

Explore the beautiful nature in the mountains near Oliana and Coll de Nargó with beautiful views to the river Segre.

Each activity has an elaborating document, which you can request: info@sydensferiehuse.dk – remember to indicate which activities

For more information & reservation:

contact:
info@sydensferiehuse.dk

Mark: "Lapica activities!"

Visit Montsonís and the visitor centre

We recommend a visit in the small village of Montsonís. It is very beautiful and there is a visitor centre, where you can find more information about the activities below.

In the visitor centre, they also have the nicest restaurant built in a cave, where they serve inexpensive lunch. Alternatively, in Montsonís there is a restaurant with an excellent lunch menu.

How to get there: The village is indicated on the map. [\(25737 Montsonis, Lleida, Spain\)](#)



Castles



Locations: Montsonís –
Pallargues - Montclar –
Florejacs – Vicfred

The route of the Castles in the Lleida province

The Lleida province has some fantastic castles. They are very authentic and with a lot details as armour antique table ware, furniture etc. Also, the locations are beautiful and with fantastic views, as the castles always were built to have the best possible view of the area, so possible entrants could be detected.

In the **Visitor Centre in Montsonís**, you can get more information, buy tickets and you can visit the local Castle situated 200 meters from the Visitor Centre.

3 local Vineries






The route of wineries – visit 3 different vineyards and taste their products




Follow a route, where you visit three different “bodegas”. They will show you the vineyard and of course let you try their products. It takes three hours and we can suggest a local restaurant before or after.

Price: 15,00 Euros/person (minimum 4 persons)

Combinations: Can be combined with lunch/dinner in a local restaurant

In the **Visitor Centre in Montsonís**, you can get more information and buy tickets

<p>The Corn Maze</p> 	<p>The “corn maze” - Fun for the whole family! Have a fun experience in the “Laberinto de maíz”. The maze has more than 2 km. aisles and covers an area of more than 3 hectare. For the brave, it is very recommendable to try the maze by night, finding your way by using a flash light!</p> <p>Price: 3,00 Euros/person - Combinations: There is a restaurant on the property In the Visitor Centre in Montsonís, you can get more information and buy tickets</p>
<p>Observatory</p> 	<p>Visit the astronomic observatory of Montsec If you are fascinated by the universe and the stars, a visit to the Montsec observatory could be an interesting option.</p> <p>Price: DAY: 7,50 Euros/person – NIGHT: 10,00 Euros/person Combinations: Can be combined with lunch/dinner in a local restaurant</p> <p>In the Visitor Centre in Montsonís, you can get more information and buy tickets Note: Check for language versions. In Catalan it might not be so interesting</p>
<p>4 x 4 Experience</p> 	<p>4 x 4 ACTION! – Half a day with an experience driver and guide With a 4 x 4 trip you will get off the beaten tracks exploring the sights of the area in a very different way. The company offers four different thematic tours, all with 4 x 4 cars as transport:</p> <ul style="list-style-type: none"> - The castle route - The adventure route - The landscape route - Driving experience (4 hours trying the limits of a four wheel drive car in a private circuit) <p>Indicative price (please : 350 Euros / group of 4 persons</p> <p>In the Visitor Centre in Montsonís, you can get more information and buy tickets</p>

<p>Bird watching</p> 	<p>Explore the variety of birds in the area Guided tour in the area where there are most to see depending on the season. You can borrow binoculars.</p> <p>Price: 14,50 Euros/person (minimum 10 persons)</p> <p>Combinations: Can be combined with restaurant or picnic In the Visitor Centre in Montsonís, you can get more information and buy tickets</p>
<p>Restaurants</p> 	<p>From personal experience, we like the restaurants in Montsonís</p> <ul style="list-style-type: none"> - El Celler de Arnau: http://www.elcellerdelarnau.com/ (beginning of main street) – Advanced (expensive weekends) - Restaurant in the information centre (middle of main street) <p>We have received following recommendations (no personal experience)</p> <ul style="list-style-type: none"> - Restaurant Lo Ponts (http://www.loponts.com/) - Restaurant Rialb (http://www.gastroteca.cat/ca/fitxa-ontastar/restaurant-rialb/)
<p>Fishing</p> 	<p>Fishing in the area It is possible to buy a license for fishing in the area. Please visit this website for more information: http://www.baroniarialb.cat/en_turisme/natura_pesca.php</p>



Road bikes



Mountain bikes



Electric bikes

Bicycle Rental – Delivery to your holiday home

Are you the type, who cannot sit still during your holiday, or do you wonder how it can be so hard to participate in Tour de France

Or do you just want to explore the Catalan landscape in your own pace, visiting local village and sights?



Bicycle delivery might be the way to do it.

Our partner is specialized in high-quality road-bikes, mountain-bikes and electric-bikes.

Prices start from 25€/day + delivery, and also professional equipment is available.

The bicycle is delivered to your house, or to a delivery point nearby, in case the house is not accessible for the delivery truck.

We will find a suitable delivery point in collaboration with bicycle-delivery company!

Day: On demand all year

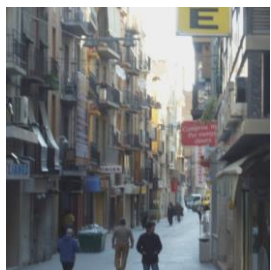
Reservation:
Contact:
info@sydensferiehuse.dk
"Book a bicycle"

Prices:
From 25€/day/bike
+ transport

Professional bicycles
available (higher prices)

Discount for longer
rentals

LLEIDA – The capitol of the province



The walking street



The castle of Lleida



Skatepark LLeida

Visit the website of Tourism
Lleida for more information
[- click here -](#)

The city

In Lleida you will discover a different way of enjoying yourself doing leisure activities, going to cultural events, shopping and tasting local dishes. Above all, you will find many experiences in Lleida to thrill you.

Lleida is the capital city of Segrià region and the province that takes its name. It is the most important population and economic inland centre in Catalonia. Its economy is based on the agri-food sector, as well as on all kinds of services.

Shopping, with a strong, deeply rooted tradition in the city, spreads its influence over Segrià and neighbouring regions. The newly opened, high-quality cultural facilities, like the new University Campus, have given the city's cultural life an extraordinary boost. Lleida is a modern city which is culturally active, well communicated and situated in a unique natural environment.

Lleida has the privilege of being provided with natural areas as important as La Mitjana nature park -an ecosystem of great natural and ecological value- the River Segre park and Camps Elisis, apart from the so-called Horta (irrigated area), the green belt that surrounds the city. This natural legacy has made Lleida grow, following environmental and quality values within the framework of a sustainable city.

Opening times

Most of the shops open from 10am to 1.30pm and from 4.30 to 8 or 8.30pm. Restaurants are usually open from 1.30 to 3.30pm for lunch, and in the evening they are generally open from 9.30 to 11pm.

How to get around in Lleida

Lleida has 16 bus routes providing excellent communications between the different parts of the city. [Bus turistic information](#)

VISIT THE TOWN OF TREMP**The Rambla of Tremp****Scenic train-trip**

The town of Trem is a cosy mountain village with a town centre with cafés and restaurants.

Besides the town itself, we can recommend the scenic train trip, from Tremp either the short ride to La Pobla de Segúr, or in the other direction following the river La Noguera Pallaresa all the way to Lleida. Or just jump of and take the train back, when convenient.

Read more:

<http://www.trendelslacs.cat/en/>

<http://www.pallarsjussa.net/turisme1/turisme-actiu/34-informacio-turistica/informacio-turistica-general/47-oficines-dinformacio-turistica>

LOCAL TURIST OFFICES

**Oficina de Turisme
de Solsonès**

Ctra. Bassella, 1
25280 Solsona
Lleida
Spain



**Oficina de Turisme
de La Seu d'Urgell**

Carrer Major 8
25700 La Seu d'Urgell
Lleida
Spain








THE NEXT PAGES ARE DEDICATED TO THE LONGER EXCURSIONS – BEST FULL DAY:

- Barcelona
- The Pyrenees
- Costa Daurada / Tarragona

EXCURSION - BARCELONA

As there exist a lot of information about Barcelona, we will not make a detailed description of the city. Below a few useful hints when planning your trip to Barcelona. Distance **1½ - 2 hours** depending on which house you stay in.

How to get there:	Car:	We will recommend driving to Barcelona. It is fairly easy to drive in. There are many parking houses, but of course quite expensive in central city. Information about alternative cheaper parking options: http://www.bsmsa.cat/mobilitat/index.php/bsm-car-parks/advantages-and-discounts/special-rates
	Train:	From Tarragona, there is the possibility of parking in Tarragona Camp and take the high speed train to Barcelona.
Getting around in Barcelona	Tourist bus: 	For a day trip, especially with children, it might be a good idea to use the jump-on-jump-off tourist bus, which will take you to all major sights. It is a bit expensive and tend to be very busy in the Summer, but on the warm humid summer days, you will get easily also to Parc Güell, The Miró Museum, Camp Nou and many other places without too much walking.
	Metro	The metro is excellent and air conditioned. You can buy some inexpensive day tickets or 10-trip cards
Visits		Barcelona is now one of the most popular destinations in the world. It has put a pressure on the sights, such as Parc Güell, La Sagrada Família and La Pedrera. It is recommendable to book your visits in advance, as it should save you some of the line up: Parc Güell: http://www.parkguell.cat/en/buy-tickets/ La Pedrera: https://www.lapedrera.com/en/home La Sagrada Família: http://www.sagradafamilia.org/en/tickets/
F.C. Barcelona		From late August to around May, you might be lucky that there is match in Camp Nou. But if not, the museum is also very nice. If you decide to buy tickets , you can print them directly on http://www.fcbarcelona.com/info-tickets/next-matches-football - we personally prefer to be near the pitch, so you can get a good look at the stars ☺ Behind the goals is not bad. The tour and visit to the museum (always open) can be booked here: http://www.fcbarcelona.com/camp-nou
Hints:		Remember swimsuit, the Barcelona beach is excellent. "Menu del medio dia" – Often you can get some nice inexpensive lunch menus, look for signs
meet.barcelona.cat 		More tourist information: http://meet.barcelona.cat/en

EXCURSION - THE PYRENEES

In other parts of the Pyrenees, we recommend following visits. Please be aware that the drive is **about 1-2 hours**

The hidden Gaudi Park

Location:

Near La Pobla del Lillet



Gaudi is famous for his spectacular buildings in Barcelona, but few know that he actually made a very beautiful hidden park in the mountains near La Pobla de Lillet.

You can walk or take the small train, which used to be for transportation of cement.

<http://www.trendelciment.cat/cat/recoregut.html>



How to get there: Road C-16 – Just before Guardiola de Berguedá take road B-402 direction La Pobla de Lillet. Just before the village, you will find the station of the train. Alternatively, there is a station inside the village. Turisme La Pobla del Lillet: +34 93 823 61 46

Can be combined with Parc Palomera

PARC PALOMERA

-climb the treetops



Location: Saldes

The perfect activity for children in all ages and adults. Climb under the crowns of the trees or for the youngest half a meter above ground ☺ - It is very good fun and each person can find a suitable challenge, as there are different levels of difficulty.

Take C-16 until just before "el collet" and then take road B-400 to Saldes.

More information: <http://www.parcdepalomera.com/>

You can then eat lunch in Saldes, which is a very cosy village. Can be combined with the hidden Gaudi park, which is only 30 minutes' drive away.

Andorra



Andorra: <http://www.andorra.ad/en-US/Pages/default.aspx>

The small independent state in the Pyrenees is mainly known for tax free shopping and skiing in the winter time. But you can also find wellness and a lot of outdoor activities.

WALK WITH THE SHEPHERD RICARD



&
**ENJOY SOME OF THE BEST
VIEW OF THE PYRENEES
ALONG THE WAY!**

Dresscode:

Remember a jacket,
good shoes and water, as
the altitude can be
windy.

Language:

If you have a person, who
speaks Spanish or French
in your group it will add to
the experience, as it will
be easier to chat with
Ricard, but if not, just
enjoy the views, the walk
and watch the
fascinating skill of making
900 sheep walking the
same way.

A walk in the Pyrenees with the shepherd Ricard starting with breakfast. Enjoy the true beauty and some fantastic views!

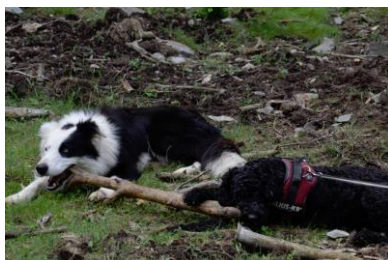
Join Ricard and his dogs for a day, taking his 900 sheep from their paddock where they spend the night to the mountain where they spend the day.

The meeting point is in the village of Bagà 09:00. You will then follow Ricard to a parking in 2.000 meters of altitude. The last part, he will take you in his car, and you can then walk back, when the activity is over. When you are up, he will serve you a **very nice local breakfast**, made over the fire.



Then, you will help him herding the sheep and see the dogs work to learn the skills of a shepherd. The route is about 5 km. and the altitude allow you to enjoy views to 5 of Catalonia's most beautiful mountains, for instance Montserrat and Pedraforca.

Here are some images from when we walked with Ricard in June:



Our dog Chula with her new friend



New carrer for Lisbeth? ☺



The views are so nice!!!

Activity name: "Shepherding"

Reservation:

Contact: info@sydensferiehuse.dk

Languages:

Catalan, Spanish, some French

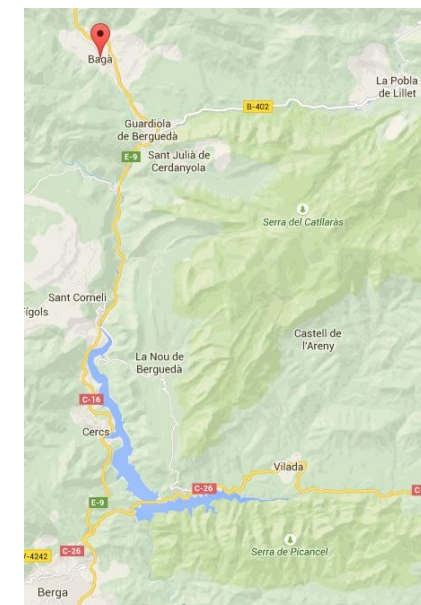
Price (breakfast included):

Adults: 23 Euros

Children: 12 Euros

Start: 09:00

End: Flexible



EXCURSION – COSTRA DAURADA / TARRAGONA

If you drive directly towards the coast, you will get to the Tarragona province and the Costa Daurada, an excellent zone for a full day excursion. The drive is **about 1-1½ hours**

Wineries Penedés & Priorat – Visit – Tastings - Lunch



Many new Catalan wine districts have emerged while we have been letting out holiday homes. Hence, it is always a good idea, to check locally.

The most famous wine districts are **Penedés** near Barcelona, which is easy to reach from most parts of Catalonia. In the south, the **Priorat** wine district with its special weather conditions claim to offer the best wines of Catalonia.

Recommended visits:

We have personally tried the two tours below. Both designed so it is interesting for children also, as a train will take you through the underground caves:

<http://www.visitascodorniu.com/es/>

<http://www.freixenet.es/cava/visitas>

Other wine-activities:

Tour (child-friendly) www.torres.com

Smaller producers Penedés: www.enoturismepenedes.cat

Smaller producers Priorat: <http://www.turismepriorat.org/en/get-organised/wineries>

Create your own cava: <http://www.spainwineregion.com/detail/5740/> 42€/person

Cava tasting in the sea <http://www.spainwineregion.com/detail/6144/> 40€/person

Cheese and wine matching <http://www.spainwineregion.com/detail/5518/> 18€/person

Beaches – enjoy the beautiful beaches of Costa Daurada



Costa Daurada has some of Catalonia's most beautiful beaches. The most wellknown with a lot of restaurants and night life is Salou and Cambrills.

<http://costatest.altanet.org/d1/platjesindex.php?id=20&idm=7>

City of Tarragona – The roman influence



The city of Tarragona is known for its roman Amphitheatre dating back to the second century. It is very well worth a visit. As it is situated in central city, you can for instance combine it with a lunch or a dinner in one of the many nice restaurant in the antique town centre.

Tarragona tourism: <http://www.tarragonaturisme.cat/>

City of Reus – Gaudi and modernism



The city of Reus is sometimes forgotten in the shade of Tarragona. Reus, however, is very much worth a visit. Especially the *Gaudi Centre Reus* is very recommendable. It is a museum explaining the ideas of Gaudi, but with a lot of "hands on" activities, so the children will also enjoy very much the visit.

Gaudi Centre Reus: <http://www.gaudicentre.cat/eng/index.html>

Reus tourism: http://turisme.reus.cat/RT_home?lang=en

Museum of Pau Casals (in El Vendrell)



Pau Casals (1876-1973) is one of the most important violoncellists of all time. Apart from being a musician, he was a tireless defender of peace and freedom at a time of war and oppression.

The house where Pau Casals was born still has the feel of a modest family home from the end of the 19th century. You can take a tour that traces his childhood and beginnings as a musician

Direction: Av. Palfuriana, 67. 43880 Sant Salvador (el Vendrell)

Telephone: +34 977 684 276

C/e: museu@paukasals.org **Web:** www.paukasals.org / www.elvendrellturistic.com



EXCURSIONS – TARRAGONA – DELTA DEL EBRO

Universal Studios Port Aventura – The children will love it



Amusement park – Water park – Universal Studios

If you let the children decide, you will probably spend the entire vacation in Universal Studios Aventura. The park consists of the amusement park including the Universal Studios part and an aqua park. You can buy combined ticket and easily spend one day in each of the two parks.

From the Ebro area, it is 1-1,5 hours away in car.

Port Aventura: <http://www.portaventura.co.uk/>



DELTA DEL EBRO – THE MOST SOUTHERN PART OF CATALONIA

Swimming with Tuna

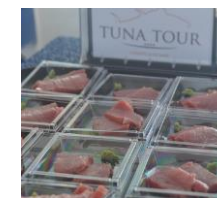


Booking: info@sydensferiehuse.dk
- Mark: "Swimming with Tuna"

Swim with the Tunas!

Beat your friends' Dolphin trips, with this very unusual experience. In the bay just before the Ebro-delta, they breath semi-natural tuna, in some huge cylinders with nets, preventing the Tunas leaving.

Tuna Tours has made an agreement, so in one of the cylinders, they are allowed to bring their guests, so they can snorkle and experience the Tunas first-hand.



It is an unusual and fun experience and you will of course taste some tuna on the way back. Remember to bring swimsuit.

If you are online, we also recommend the video made by our student Johan posted on facebook 9. of November.

www.facebook.com/sydensferiehuse.dk (Danish)

www.facebook.com/cataloniaholidaylettings (English)

Game fishing



Booking: info@sydensferiehuse.dk
- Mark: "Game fishing"

Game fishing in the Mediteranean Sea

The Ebro-delta is one an important point of depature for game-fishing trips on the coast of Catalonia.

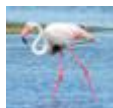


So if it has been your dream to fish in water with a possibilities of cathing big tunas and other Mediterranean species, a day trip from Riumar could be a very nice activity.



DELTA DEL EBRO – Rice, Birdlife and Beach

The Ebro Delta and Riumar



The Ebro delta is a very special place, flat unlike most other places in Catalonia and wet, as an advanced system of channels with small locks makes it possible to direct the water.

Rice:

The wet-fields makes it possible to cultivate rice, and the area has a big rice production. If you want to explore this a bit more, our local contact in the tourist office recommends following place (no personal experience)

<http://www.moliderafelet.com/ingles/index.html>



Birds:

There is a rich bird life in the delta, as the area provide perfect conditions for many species. The most famous bird is of course the Flamenco, but be aware that it is a seasonal bird, so you cannot expect to see them. Two recommended websites:

www.seo.org/catalunya/reserva-natural-de-riet-vell-tarragona/

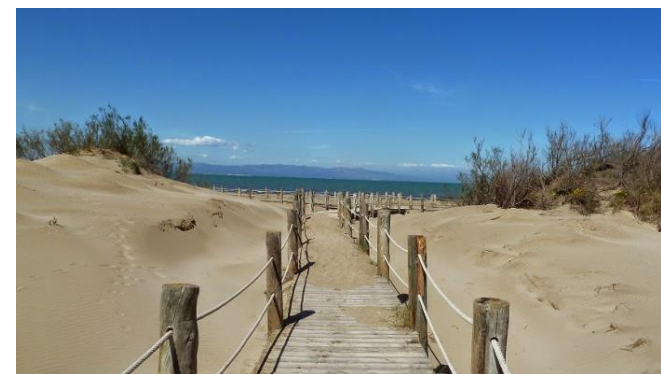
<http://birdwatchingnews.terresdelebre.travel/en/02-2014/arrozvolucion-000>

Beach:

There is a great beach in Riumar <https://goo.gl/maps/sZpfAT8gyzA2> , where you also find some restaurants. Alternatively, if you want a nice beach town, you can drive down to L' Ampollá <https://goo.gl/maps/6SLyMaCtQPv>



Game fishing and Swimming with Tuna: See the separate sections in this document



TOWN LIST – Authentic towns and villages with nice town centre

Besides visiting the sights, we personally like visiting authentic towns and villages with beautiful town centre and nice atmosphere. The listed towns and villages is a list of towns which have passed along our way the last 8 years and liked. There are many others we have not yet seen!

Central Catalonia & Solsona	Vic area	Costa Brava interior	Costa Brava Coast	Pyrenees	Urgell	Tarragona	Penedés
Berga Borredá Cercs Cardona Solsona Gironella Sant Llorenç de Morunys	Moià Olot Rupit Tavertet Vic Viladrau	Besalú Banyoles Castellfolit de la Roca	Girona Figueres L'Escala Palau Sator Port Bou Peratellada Llafranc	Camprodón La Pobla Lillet Puigcerda Ripoll Saldes	La Seu de Urgell Lleida Montsonis	Reus Tarragona	Sitges Vilafranca del Penedés
Nice drives where you can get a good experience							
There are a lot of curves, but if you do not mind, the drive from Berga – Sant Llorenç de Morunys – Solsona – (Cardona) and back is very beautiful	Drive up to Rupit and Tavertet. From Tavertet, there is an incredible view. Or take the new C-37 road to Olot and perhaps on to Castellfolit de la Roca and Besalú.	The trip with stops in Besalú and Castellfolit de la Roca (you can make a walk so you see the village from all angles) and perhaps up to Camprodón or just Olot	If you arrive in car from France, you can consider entering by the coast: Cerbere -> Port Bou -> Llança The white villages of Llafranc and. Calella de Palafrugell	Saldes and La Pobla Lillet are both nice small villages Also the route including Puigcerda – Ur – Andorra – La Seu de Urgell is very scenic	There are some nice drives around the Segre river – and the artificial lake. Also a drive up to La Seu de Urgell is a great trip	Cruise through the wine district Priorat and perhaps down to Delta del Ebro	Cruise through the Penedés wine district and perhaps via Garraf to Sitges to have a Swim. The drive from Garraf to Sitges following the old coastal road is very beautiful

We hope you will enjoy Catalonia and your holiday home very much!

We are available at: **Sydens Feriehuse / Catalonia Holiday Lettings** - E-mail: info@sydensferiehuse.dk

Our websites:

Danish: www.sydensferiehuse.dk

English: www.cataloniaholidaylettings.co.uk

German: www.nordspanienferienhauser.de

Our Facebooks:

Danish: www.facebook.com/sydensferiehuse.dk

English: www.facebook.com/cataloniaholidaylettings

Kind regards *Lisbeth and Bertel + our students*